DUAL THREAT U

PRIVATE FAMILY TAKEAWAY

Updated November 17, 2026

YOUR NEXT REP.

One useful observation. One clear target. A next step that fits.

01 One permitted action photo

Only with matching permission and availability. Private delivery to the verified guardian.

02 One observed strength

Coach: name one specific observation from the session.

03 One current priority

Coach: repeat the session cue and identify one target for the next rep.

04 One next opportunity

Tackle or girls' flag: agree the next step. No automatic enrollment or reserved place.

CURRENT MONDAYS / FROM NOVEMBER 23

Speed School + Football Fundamentals: 20 minutes speed + 40 minutes position fundamentals. 4-5 PM Pacific at MSJC. $25 USD per athlete, per dated event. Review available dates and terms online before paying; no subscription.

dualthreatu.com/family-guide

Historical First Reps (Oct 26, Nov 2 and Nov 9) remains free as promised. Nov 16 remains Assessment + Showcase. Existing commitments are unchanged. Current Monday details: dualthreatu.com/monday-assessment

Keep completed notes with your family. Do not upload them to the public website. Payment does not complete participation or film permissions. Contact Julian for the private process.